The 21st century seems to be a time of even more frenetic working and living. To what purpose? How many of your colleagues and friends are constantly rushing around, working long hours, getting more and more tired, maybe complaining about their situation? Yet, the answer lies with them. What about you?

"Good Manners" display [respect](http://www.wikihow.com/Be-Respectful), care, and consideration. Everyone has a basic right to help another and feel [positive](http://www.wikihow.com/Be-Positive) about themselves and others around them. In our age of self-satisfaction, cell phone technology and instant internet gratification, it is often hypothesized that we care more for our equipment than those for whom they are made.

Once you've met some people you get along with, ask them to hang out. This is the most important step in my experience. You can meet all the people you want, and they can think you're great, but if you don't take any actions to do something with them in the future, then you won't form many new relationships. People will stay as the guy you talk to in class, or the girl you chat to at work in the break room.